



The Resident Programs and Services Division

PRESENTS ITS

1st ANNUAL 10K/5K RUN/WALK

1-MILE FUN RUN/WALK

SATURDAY, OCTOBER 16, 2010 AT EVELYN HALLMAN PARK (FORMERLY CANAL PARK)



Please complete all fields. One entrant per form. No refunds.

Mail-in registration forms must be sent by: October 1, 2010 to receive early-entry fee savings

Please make checks payable to: Rainbow Housing Assistance Corporation

Mail to: 34975 N North Valley Pkwy Ste 152, Phoenix, AZ 85086

First Name grid

First Name

Last Name grid

Last Name

Address grid

Address

City grid

City

State grid

State

Zip Code grid

Zip Code

Age grid

Age (on race day)

M/F grid

M/F

E-Mail Address grid

E-Mail Address

Phone Number grid

Phone Number

Shirt Size

S grid

S

M grid

M

L grid

L

XL grid

XL

XXL grid

XXL

FEES: Postmarked by October 1

Fee table for Postmarked by October 1

Postmarked October 2 - October 11

Fee table for Postmarked October 2 - October 11

Total Amount Enclosed \$

Method of Payment:

Payment method checkboxes

Cashier's Check

Personal Check

Check #: _____

Team Name: _____

Are you the Team Captain? Y/N

** Registration Fee includes race entry, chip timing, commemorative t-shirt, and refreshments. **

Please read and sign:

I know that running and volunteering to work in charity races are potentially hazardous activities...

Waiver: By signature, I attest that I am physically fit and sufficiently trained to participate in this event...

Cancellation: The "EmbRACE a Better Future" charity race will occur in the event of rain, barring extreme circumstances...

Participant's Name _____

Date _____

Signature _____

(Parent or Guardian's Signature if under 18)

OFFICIAL USE ONLY box with Date Received, Received By, Amount Received, Race Bib #